SKIN DEFENSE & BRIGHTENING FACIAL TREATMENT

SUGGESTED RETAIL	$150-$275
SUGGESTED TIME	45-60 minutes
SKIN TYPES	Appropriate for all skin types.
DESCRIPTION	This antioxidant-rich facial gently exfoliates and deeply hydrates while protecting the skin from environmental stress. The Honeysuckle Hydrating Mask combined with the Hyaluronic Peptide Gel Mask delivers a boost of moisture, peptides, and vitamins, helping to restore balance and support skin recovery.
BENEFITS	• Hydrates, soothes, and restores stressed skin • Improves moisture retention and elasticity • Lightens and brightens dull skin • Reduces redness and inflammation • Supports collagen production and cellular recovery
DIRECTIONS	**STEP 1 CLEANSE**: Thoroughly cleanse the face using abi's Exfoliating Enzyme Wash. We suggest massaging the cleanser in circular motions over the face and neck area with fingertips until make-up, oils, and daily build-up have been removed. **STEP 2 DOUBLE CLEANSE**: Complete a second cleanse with the Corrective Wash. We suggest massaging the cleanser in circular motions over the face and neck area with fingertips to ensure the skin is fully prepped. **STEP 3 EXFOLATE:** Apply small amount of the Micro Exfoliating Scrub to a clean dry face with hands or facial brush. Work the scrub in a circular motion. Massage approximately 2-3 times. Clean with a warm washcloth until all crystals are removed. Rinse thoroughly with cool water (if treating sensitive skin, use a small amount of water or cleanser to soften the crystals in the scrub prior to massaging the face.) **STEP 4 MASK**: Apply abi's Honeysuckle Hydrating Mask the areas of the cheek bones, and smile lines area. Then fan the mask out in upward direction, using a spatula, fan brush or your fingers. Apply a thin, smooth, even layer all over the face. Once the face is evenly covered, allow the mask to penetrate the skin for 10-15 minutes. Use tepid water and a damp face towel or 4 x4 cloth to remove the mask. **STEP 5 Optional LIGHTWAVE RED LIGHT:** Expose the skin to 8-10 minutes of Red Light to reduce redness, inflammation and stimulate collagen production. **STEP 6 Optional HYALURONIC PEPTIDE BOOSTER INFUSION:** Apply the Hyaluronic Peptide Booster performed gel mask. Apply the excess liquid in the foil packet on the neck and decollete. Please see Topical Light Infusion Hyaluronic Peptide Booster protocol for complete details. **STEP 7 RECOVER:** Apply a small amount of Hyaluronic Peptide Serum and Moisturizing Antioxidant and allow it to absorb. Finish with SPF to guard against environmental stressors
CAUTIONS OR NOTES	When applying products around the eye area, be cautious not to get product in the eyes or to aggressively rub the delicate skin tissue surrounding the eyes.
SUGGESTED TAKE HOME PRODUCTS	Exfoliating Enzyme Wash, Hyaluronic Peptide Serum, Moisturizing Antioxidant. Hydrating Recovery Gel, Firming Peptide Creme