

PURIFYING AND DETOXIFYING FACIAL TREATMENT

SUGGESTED RETAIL	\$150-\$275
SUGGESTED TIME	45-75 minutes
SKIN TYPES	Appropriate for all skin types.
DESCRIPTION	<p>This professional exfoliating and detoxifying facial is designed to defend the skin against breakouts, environmental pollutants, and daily toxin buildup. The treatment begins by thoroughly cleansing and rebalancing the skin using targeted actives that support healthy cell turnover while removing excess oil and impurities without compromising the skin barrier or stripping essential nutrients.</p> <p>By combining controlled exfoliation, advanced detoxification, and LED light therapy, this facial visibly improves tone, texture, and clarity for a refreshed, balanced, and radiant complexion.</p>
BENEFITS	<ul style="list-style-type: none">• Detoxifies and purifies aging skin.• Improves oxygenation.• Gently buffs away dead skin cells.• Stimulates healthy cell turnover.• Removes build-up and brightens dull, photo-damaged skin.
DIRECTIONS	<p>STEP 1 CLEANSER: Thoroughly cleanse the face using abi's Exfoliating Enzyme Wash. Massage gently in circular motions over the face and neck to remove makeup, oils, and daily buildup. Rinse thoroughly.</p> <p>STEP 2 SECOND CLEANSE: Perform a second cleanse using ABI Corrective Wash. Remove with a warm steamed towel.</p> <p>STEP 3 EXFOLIATION: Apply a small amount of the Corrective Charcoal Detoxifying Scrub to clean, dry skin using hands or a facial brush. Massage gently in circular motions approximately 4-5 times. Remove completely with a warm washcloth, then rinse with cool water. <i>For sensitive skin, soften the crystals with a small amount of water or cleanser prior to massage.</i></p> <p>STEP 4 DETOXIFYING MASK: Apply abi's Dark Chocolate Detoxifying Mask to the cheekbones and smile lines, then fan outward and upward to cover the entire face using a spatula, fan brush, or fingertips. Apply a thin, smooth, even layer. Allow the mask to penetrate for 10-15 minutes. Steam may be used to enhance detoxification if appropriate. Avoid steam on sensitive or glycolic-reactive skin. Remove using tepid water and a damp face towel or 4x4 gauze.</p> <p>STEP 5 LIGHTWAVE RED LIGHT: Expose the skin to 8-10 minutes of Red Light to reduce redness and inflammation while stimulating collagen production.</p> <p>STEP 6 PEPTIDE PRO NUTRIENT BOOSTER INFUSION: Apply the Peptide Pro Nutrient Booster evenly over the face using a fan brush or fingertips. Do not massage. Refer to the Topical Light Infusion Peptide Pro protocol for complete infusion details.</p> <p>STEP 7 RECOVERY: Remove any remaining residue with a warm, damp towel. Active ingredients will already be infused into the skin.</p> <p>Apply a dime-sized amount of Hyaluronic Peptide Serum, followed by Moisturizing Antioxidant. Finish with SPF if appropriate.</p>
CAUTIONS OR NOTES	When applying products near the eye area, avoid contact with the eyes and do not aggressively rub the delicate tissue. If irritation persists at any time, remove products with lukewarm water.
SUGGESTED TAKE HOME PRODUCTS	Hyaluronic Peptide serum, Moisturizing Antioxidant, Firming Peptide Crème