

GREEN WITH ENVY FACIAL

SUGGESTED RETAIL \$75-\$275 (depending on steps completed)

SUGGESTED TIME 30-75 minutes

SKIN TYPES Recommended for mature, sun damaged and prematurely aged skin.

DESCRIPTION

This age-defying facial is effective at targeting fine lines and wrinkles, uneven tone and texture and dull, dingy skin. By using a layering technique of effective technologies and professional products, we can achieve beautiful results with minimal effort and little to no downtime.

BENEFITS

- Removes build-up, refines pores.
 - Increases cellular turnover to help brighten dull, lifeless skin.
 - Promotes collagen and elastin formation for skin firming.
 - Improves the overall skin tone, texture and appearance.
 - Provides hydration, protection while increasing moisture.
 - Combats chronological aging.
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DIRECTIONS

STEP 1 CLEANSE: Thoroughly cleanse the face using ABI's Exfoliating Enzyme Wash. We suggest massaging the cleanser in circular motions over the face and neck area with fingertips until make-up, oils, and daily build-up have been removed. Rinse thoroughly.

STEP 2 EXFOLIATE: Initially apply ABI's Green Apple Micro Peel to the areas of the cheek bones, and smile lines. Then fan out in upward direction. Massage gently for 1-2 minutes to remove dead skin cells and stimulate cell turnover. Allow to penetrate for up to 10 minutes. If you have the Allure Infuse tool, you can use the cool setting with or without vibration over top of ABI's Green Apple Micro Peel. Remove with tepid/warm (NOT HOT) sponges or warm soft towel. If treating sensitive skin, please see caution below.

STEP 3 NUMBING (IF NEEDED)/LIGHTWAVE IR LIGHT: Now that the skin has been properly prepared, apply a thin layer of numbing cream to the treatment area. Once the numbing cream has been applied, expose the skin to a full 15 minutes of LIGHTWAVE IR light. The numbing cream will block some of the photon energy from reaching the target tissue so make sure a full fifteen minutes is administered. If using a low dose LED system, the exposure time will need to be significantly increased due to the lower dosage. The IR light will energize the skin and enhance cellular regeneration. This will also help jump start the healing process, detoxify the skin tissue and allow for better product penetration.

STEP 4 MASK: Initially apply ABI's Green Apple Stem Cell Mask to the areas of the cheek bones, and smile lines area. Then fan the mask out in upward direction, using a spatula, fan brush or your fingers. Apply thinly, smoothly and evenly all over the face. When applying it to the forehead start above the brow-line and move upwards to the hair line. Once the face is evenly covered with the mask, begin step 5.

STEP 5 REGENERATE/MICRONEEDLE: To brighten the skin, increase moisture retention, stimulate collagen synthesis and protect against free radical damage, use micro needling to infuse ABI's Green Apple Stem Cell Mask. Use tepid water and a damp face towel or 4 x4 cloth to remove any remaining mask and numbing cream.

STEP 6 LIGHTWAVE RED LIGHT: Expose the skin to 10 minutes of LIGHTWAVE intense Red Light to stimulate cellular energy and energize the skin. This will help jump start the production of collagen and elastin and will boost the overall health of the skin.

STEP 7 PROTECTION: To protect the skin and provide additional protection, apply ABI's Matcha Green Tea Mask.

CAUTIONS OR NOTES

If treating sensitive skin, limit the Green Apple Micro Peel exposure to a maximum of 5 minutes. When applying product around the eye area, be cautious not to get product in the eyes.
