

# SKIN FIRMING AND DETOXIFYING FACIAL TREATMENT

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**SUGGESTED RETAIL** \$150-\$175

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**SUGGESTED TIME** 45 minutes

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**SKIN TYPES** Recommended for most skin types. Not recommended for skin sensitive to glycolic.

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## DESCRIPTION

This facial is an effective treatment for detoxifying dull, lifeless skin and for stimulating elastin for skin firming. It incorporates the ABI's Detoxifying Dark Chocolate mask with a Lightwave therapy treatment. It can be performed on the face or on the body.

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## BENEFITS

- Detoxifies skin tissue.
  - Increases moisture retention and skin firmness.
  - Stimulates collagen and elastin formation for skin tightening.
  - Promotes the regeneration of healthy skin cells.
  - Improves the overall skin tone, texture and appearance.
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**BEFORE STARTING:** If you are unsure as to client sensitivity, it is highly recommended you perform a patch test to determine the client comfort level.

**STEP 1 CLEANSER:** Thoroughly cleanse the face using the Exfoliating Enzyme Wash. Rinse thoroughly.

**STEP 2 DETOXIFYING MASK:** Initially apply the Detoxifying Dark Chocolate Mask to the areas of the cheek bones, and smile lines area. Then fan the mask out in upward direction, using a spatula, fan brush or your fingers. Apply thinly, smoothly and evenly all over the face.

## DIRECTIONS

When applying it to the forehead start above the brow-line and move upwards to the hair line. Once the face is evenly covered, allow the mask to penetrate the skin for 10-15 minutes or until the clay has dried. Use tepid water and a damp face towel or 4 x4 cloth to remove the mask. To boost detoxification and cell turn over, steam may be applied to the face during the penetration process. Do not apply steam to sensitive skin or those sensitive to glycolic acid.

**STEP 3 LED RED/IR LIGHT:** Expose the skin to Program: Anti-aging, a 20 minutes session of alternating Red and IR light.

**STEP 6 NUTRIENTS:** Apply a dime size amount of Hyaluronic Peptide Serum to stimulate the skin's healing response, significantly increase skin hydration and to promote the skin's natural barrier functions

**STEP 7 MOISTURIZER:** To provide additional hydration, apply a single pump of Moisturizing Antioxidant over entire face and neck area. Massage gently into the skin and allow it to absorb completely.

**STEP 8 SUNSCREEN:** Apply an ample amount of sunscreen and allow it to absorb. Do not massage the sunscreen into the skin. The closer the sunscreen remains to the epidermis, the more protection it provides.

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## CAUTIONS OR NOTES

When applying product around the eye area, be cautious not to get product in the eyes or to aggressively rub the delicate skin tissue surrounding the eyes.

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